

Uffculme Primary School Menu Autumn Term 2017

Week 1 Week commencing 4th September, 2nd October, 6th November, 4th December

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
West country sausages	Italian bolognaise Garlic bread	Roast Pork Apple Sauce	Chicken Curry	Harry Ramsden fish
<i>Vegetarian sausages</i>	<i>Cheese Omelette</i>	<i>Cheese & Onion Pasty</i>	<i>Macaroni Cheese</i>	<i>Vegetarian Bites</i>
Mashed potatoes or Pasta Baked beans Peas	Pasta Broccoli Sweetcorn	Roast/ mashed potatoes Fresh carrots Green Beans Gravy	Rice & Naan Bread Or Mixed Veg	Golden fries or Pasta Seasonal vegetables Tomato sauce
Sticky toffee pudding Custard	Chocolate Cracknel Apple Slice	American Pancake & Vanilla Ice cream	Jelly and Mandarins	Oat Cookie
Baked potatoes with cheese, beans, cheese and beans or tuna. Pasta Pots with Italian tomato sauce, chicken and sweetcorn, cheese or tuna. Fresh fruit salad and yoghurts are available daily				

Week 2 Weeks commencing 11th September, 9th October, 13th November, 11th December

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
West Country Beef Burger	Pepperoni Pizza	Roast Turkey Sage and onion stuffing gravy	Home-made Cottage Pie and gravy	Salmon Bites
<i>Vegetarian burger in a bun</i>	<i>Cheese Pizza</i>	<i>Sweet Potato curry and rice</i>	<i>Tomato Tumble</i>	<i>Vegetarian Pizza</i>
Spaghetti hoops or Green Beans Potato Wedges or Pasta	Potato wedges or Pasta Sweetcorn or Peas	Roast or mashed potatoes Gravy Fresh carrots or Cauliflower	Mixed Vegetables Sweetcorn	Golden fries or Pasta Seasonal vegetables Tomato sauce
Chocolate Shortbread & Custard	Meringue Nest, Fruit & Cream	Jelly and Pineapple	Raspberry Mousse	Iced Sponge Fruit juice
Baked potatoes with cheese, beans, cheese and beans or tuna. Pasta Pots with Italian tomato sauce, chicken and sweetcorn, cheese or tuna. Fresh fruit salad and yoghurts are available daily				

Exceptions:
5th September Sausages/meringue fruit & cream
6th September Bolognaise/cheese omelette chocolate sponge
5th October Harry Ramsden Fish
6th October Chicken Curry

Week 3 Weeks commencing 18th September, 16th October, 20th November

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken fajitas	Italian Lasagne	Roast Gammon with pineapple	Beef Curry	Cod Chunks
<i>Vegetarian chilli</i>	<i>Vegetarian Lasagne</i>	<i>Broccoli & Potato Cheese Bake</i>	<i>Macaroni Cheese</i>	<i>Spanish Tortilla</i>
Rice or Pasta Tortilla Chips Mixed Vegetables	Garlic Bread Peas Cauliflower	Roast or creamed potatoes Fresh Carrots Peas Gravy	Naan Bread Rice Mixed Vegetables	Golden fries or Pasta Seasonal vegetables Tomato sauce
Jam/ Syrup sponge and Custard	Fruit Jelly	Fruit Cocktail and Ice Cream	Strawberry Mousse Peaches	Chocolate Cookie
Baked potatoes with cheese, beans, cheese and beans or tuna. Pasta Pots with Italian tomato sauce, chicken and sweetcorn, cheese or tuna. Fresh fruit salad and yoghurts are available daily				

Week 4 Weeks commencing 25th September, 30st October, 27th November

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken goujons	Pork Meatballs	West country roast beef Gravy	Homemade sausage rolls	Fish Fingers
<i>Cheese Wheels</i>	<i>Vegetarian Meatballs</i>	<i>Vegetarian Burger</i>	<i>Cauliflower Cheese</i>	<i>Cheese Quiche</i>
Rice or pasta Mixed vegetables Tomato Sauce	Spaghetti Broccoli Sweetcorn	Roast or creamed potatoes Fresh carrots broccoli	Creamed Potatoes or Pasta Baked beans Peas	Golden fries or Pasta Seasonal vegetables Tomato sauce
Chocolate Cake & Chocolate Sauce	Tinned Fruit Ice cream	Cheese and Cracker with Apple Slice or Fruit Smoothie	Arctic Roll	Iced Sponge Fruit Juice
Baked potatoes with cheese, beans, cheese and beans or tuna. Pasta Pots with Italian tomato sauce, chicken and sweetcorn, cheese or tuna. Fresh fruit salad and yoghurts are available daily				