

Uffculme Primary School Menu Autumn Term 2018

Week 1 Week commencing 3rd September, 1st October, 5th November, 3rd December

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pepperoni Pizza	Homemade Cottage Pie Gravy	Roast Gammon and Pineapple	West Country Sausages	Fish Fingers
<i>Cheese Pizza</i>	<i>Pasta Bake</i>	<i>Cheese Omelette</i>	<i>Vegetarian Sausage</i>	<i>Cheese Quiche</i>
Potato Wedges or Pasta Sweetcorn Tomato Sauce	Mixed Vegetables	Roast or Mashed Potatoes Fresh Carrots Broccoli Gravy	Mashed Potatoes or Pasta Baked Beans or Green Beans	Golden fries or Pasta Seasonal Vegetables Tomato sauce
Pineapple and Ice Cream	Meringue Nest, Fruit and Ice Cream	Fruit Jelly	Flapjack and Custard	Cookie
Baked potatoes with cheese, beans, cheese and beans or tuna. Pasta Pots with Italian tomato sauce, chicken and sweetcorn, cheese or tuna. Fresh fruit salad and yoghurts are available daily				

Week 2 Weeks commencing 10th September, 8th October, 12th November, 10th December

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
West Country Beef Burger	Chicken Curry	West Country Roast Beef	Pork Meatballs	Oven Baked Battered Fish
<i>Vegetarian Burger</i>	<i>Macaroni Cheese</i>	<i>Quorn Sausage</i>	<i>Quorn Meatballs</i>	<i>Vegetarian Bites</i>
Seeded Bap Potato Wedges or Pasta Baked Beans or Peas Tomato Sauce	Rice or Naan Bread Mixed Vegetables	Roast or Mashed Potatoes Fresh Carrots Green Beans Yorkshire Pudding Gravy	Spaghetti Sweetcorn	Golden fries or Pasta Seasonal Vegetables Tomato sauce
Arctic Roll	Mandarins and Ice Cream	Fruit Smoothie or Cheese and Crackers and a Slice of Apple	Syrup Jam Sponge Custard	Oat Cookie Fruit Juice
Baked potatoes with cheese, beans, cheese and beans or tuna. Pasta Pots with Italian tomato sauce, chicken and sweetcorn, cheese or tuna. Fresh fruit salad and yoghurts are available daily				

Week 3 Weeks commencing 17th September, 15th October, 19th November, 17th December

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Fajitas	Italian Lasagne	Roast Turkey and Sage and Onion Stuffing	Meat Pasty	Cod Chunks
<i>Quorn Chilli</i>	<i>Vegetarian Lasagne</i>	<i>Broccoli & Potato Cheese Bake</i>	<i>Cheese Wheels</i>	<i>Quorn Nuggets</i>
Wrap or Tortilla Chips Rice or Pasta Mixed Vegetables	Garlic Bread Broccoli Sweetcorn	Roast or Mashed Potatoes Fresh Carrots Peas Gravy	Mashed Potatoes Pasta Green Beans Sweetcorn	Golden fries or Pasta Seasonal vegetables Tomato sauce
Strawberry Mousse and Peaches	Creamy Vanilla Tub	Tinned Fruit Ice Cream	Chocolate Cake Chocolate Sauce	Iced Sponge Fruit Juice
Baked potatoes with cheese, beans, cheese and beans or tuna. Pasta Pots with Italian tomato sauce, chicken and sweetcorn, cheese or tuna. Fresh fruit salad and yoghurts are available daily				

Week 4 Weeks commencing 24th September, 29th October, 26th November

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Goujons Tomato Sauce	Italian bolognaise Garlic bread	Roast Pork Apple Sauce	Homemade Sausage Rolls	Salmon Bites
<i>Vegetarian Curry</i>	<i>Vegetarian Ravioli</i>	<i>Cheese & Onion Pasty</i>	<i>Cauliflower Cheese</i>	<i>Vegetarian Pizza</i>
Rice or Pasta Mixed Vegetables	Peas Sweetcorn	Roast or Mashed Potatoes Fresh carrots Cauliflower Gravy	Mashed Potato or Pasta Baked Beans or Green Beans	Golden Fries or Pasta Seasonal Vegetables
Chocolate Cracknel Fruit Slice	Sticky Toffee Pudding Custard	Fruit Jelly	Raspberry Mousse	American Pancake and Ice Cream
Baked potatoes with cheese, beans, cheese and beans or tuna. Pasta Pots with Italian tomato sauce, chicken and sweetcorn, cheese or tuna. Fresh fruit salad and yoghurts are available daily				

Exceptions: 4th October Fish Fingers 5th October West Country Sausages 19th December Cod Chunks 21st December Roast Turkey